

Resources

Trauma-informed preventative care

Campus resources

Trauma-informed preventative care (TIPC)

Training

Trauma-Informed Preventative Care Foundational eLearn:

- The TIPC eLearn supports RCH staff to understand how trauma can affect children, families, and staff, as well as recognise and respond to signs of stress and overwhelm. [Available on LearningHERO.](#)

Other trauma-informed trainings:

- [Paediatric Approaches to Understanding Safe DeEscalation \(PAUSE\)](#)
- [Recognising and Responding to the Deteriorating Patient](#)
- [Mental Health First Aid Training](#)

Quick reference guides

- [TIPC poster](#)
- [TIPC lanyard card](#)

Podcasts

- [Education Hub Conversation with the experts: TIPC podcast one \(short\)](#)
- [Education Hub Conversation with the experts: TIPC podcast two \(extended\)](#)

Webinars and videos

- Grand Rounds 2025, [TIPC: Shaping practice at The Royal Children's Hospital](#)
- Grand Rounds 2023, [Embedding trauma-informed, family centred, and evidence-based approaches into practice: What's next for the Campus Mental Health Strategy?](#)
- [TIPC short clips series](#)

Policy and publications

- MJA InSight+ article, [Why we need trauma-informed preventative care in paediatric hospital settings](#)
- Policy summary, [Paving the way: Trauma-informed preventative care at The Royal Children's Hospital](#)

The Behaviour Support Profile

Resources

- [EMR tipsheet](#): Quick reference guide on how to use the BSP in the EMR
- [BSP eLearn](#): 15-minute online training on Learning HERO
- [RCH Nursing guideline](#): outlines the BSP's purpose, key steps, and best practice
- [Evaluation of the Behaviour Support Profile project page](#)

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External resources

Frameworks

- Victoria State Government: [Framework for Trauma-Informed Practice \(2022\) and Practice Example](#)
- New South Wales Health: [Integrated Trauma-Informed Care Framework \(2023\)](#)
- Substance Abuse and Mental Health Services Administration (SAMHSA): [Concept of Trauma and Guidance for a Trauma-Informed Approach \(2014\)](#)
- Centre for Pediatric Traumatic Stress: [Healthcare Toolbox](#)

External training and education

- Blue Knot Foundation: [Becoming Trauma-Informed](#)
- Blue Knot Foundation: [Becoming Trauma-Informed for Service Providers](#)
- Phoenix Australia: [Trauma-Informed Care](#)
- [Emerging Minds](#)
- [The National Child Traumatic Stress Network \(NCTSN\)](#)
- Mental Health Coordinating Council: [Introduction to Trauma Informed Practice](#)
- Safe and Together Institute: [Family violence training](#)
- The Sanctuary Institute: [The Sanctuary Model](#)

Research

- Blue Knot Foundation: [The Cost of Unresolved Childhood Trauma and Abuse in Adults in Australia \(2015\)](#)
- Australian Bureau of Statistics: [Characteristics and outcomes of childhood abuse \(2019\)](#)
- Australian Bureau of Statistics: [Personal Safety: Australia \(2023\)](#)
- Australian Bureau of Statistics: [National, state, and territory population \(2023\)](#)
- Australia Institute of Health and Welfare: [Child Protection System in Australia \(2023\)](#)
- National Plan to Reduce Violence Against Women and Their Children: [Useful Statistics \(2022\)](#)
- [Trauma-informed care: Recognizing and resisting re-traumatization in health care](#)
- [Mental Health Issues and Complex Experiences of Abuse Among Trans and Gender Diverse Young People](#)